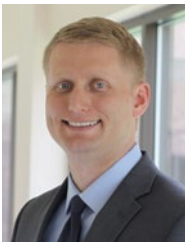


A Weekly Update
For The Employees of
North Central Health Care



NEWS YOU CAN USE



WEEKLY CONNECTION WITH MICHAEL LOY

Alignment of Priority and Effort

A key factor for gaging my own personal satisfaction and effectiveness is when my days align with my priorities. This past week has felt like a banner week in this regard. Here are some highlights:

Improving Quality, Safety and Compliance

We had a great Executive Team meeting this week where we discussed key elements of our strategy on who we are serving and how to work to become the gold standard in doing so. Ultimately, this is a compelling vision for high quality. Just prior to that meeting I was part of a very good Emergency Management Committee discussion where we are working on how to make our emergency codes simpler and our emergency operations exceptional. These efforts were made better later in the week when I was part of a discussion on a road map for dramatically improving our safety efforts in the next three years. It really feels like we are making progress and where we're going is compelling.

Project Management

Our kick-off meeting for developing this structure is Monday, January 27th. I am looking forward to getting some momentum behind this process improvement. The flywheel of accomplishment is about to spin faster.

Employee Well-being

We have recently hired two individuals who will provide the leadership we need in these efforts. On top of this, I think I may have found an easy-to-use tool to measure and improve employee well-being. At the end of the week we made some ground on culture work that is going to be an engaging roll-out in the coming months.

Replace TIER

We had our first of two on-site finalist demos this week. Next week, we will complete the evaluation process and start to work on a contract and project plan to replace TIER. The process has been very inclusive. The excitement I feel about the opportunity here is very real. There is no single project right now that could have as important of an impact on the individuals we serve and employee satisfaction. There is such a strong will to hit a grand slam on this project.

Improve Employee Vacancy Rates

There looks like there is going to be a fairly large group of new employees in February. Plus, the recruitments I am personally working on are making good progress.

Amazingly, there was still time in my week for other things that are equally transformative and gaining traction as well. When individuals and groups can prioritize, develop great plans, and focus, then good things start to unfold in an exponential way. While we are already nearing one month into 2020, if all weeks continue to feel like this then we are really going to be onto something special this year.

Make it a great day,

- Clubhouse Advocacy 2
What is Bill 467?
- NAMI Events 3
Please Share!
- Department & Program Changes 4
Info You Need!
- Pizza for the Pool 5
How Many Pizzas Did They Sell?
- Outstanding Leadership Award 8
Congrats to Jennifer Peaslee

ADMINISTRATOR ON-CALL x4488 or 715.848.4488

In the event of Phone System Outage, reference the O:drive "On-Call Information Folder" for Schedule and Cell Phone #'s.

Monday, Jan. 27 –
Sunday, Feb. 2

Tom Boutain



Shout out



Kristy Lemmer, Food Services

Why: Taking the lead on Pizza Fund raiser when I was out!

Submitted by:
Jennifer Gorman



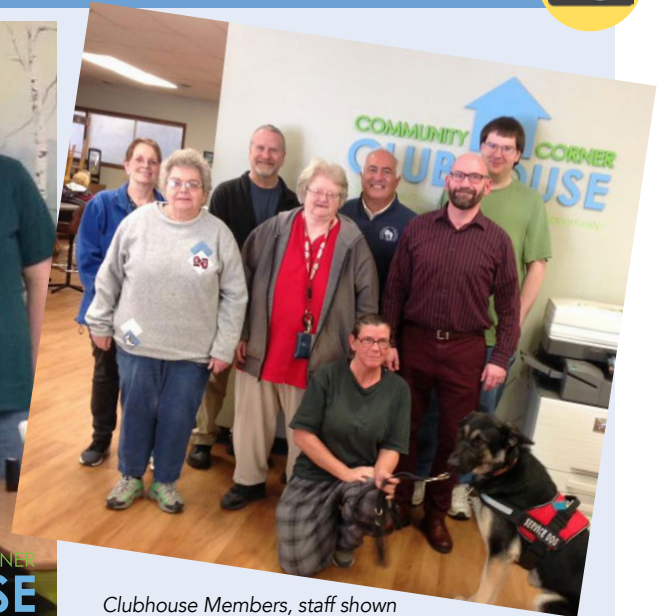


PHOTOS OF THE WEEK



Clubhouse Members, staff shown with Representative Pat Snyder.

"Clubhouse Advocacy" – Submitted by Mike Frankel



Clubhouse Members, staff shown with Representative John Spiros.

CLUBHOUSE ADVOCACY – WI ASSEMBLY BILL 467
Clubhouse Members and Staff Share Their Passion for Clubhouse

This past week, Clubhouse was visited by two State of Wisconsin Representatives to discuss with Clubhouse Assembly Bil 467. This bill requires the Department of Health Services to award grants to clubhouses. A "clubhouse," as defined in the bill, is a nonresidential rehabilitation program that provides support and services to individuals who have a mental illness but does not directly provide treatment or medical care for mental illnesses. To receive a grant a clubhouse must only include members who have been diagnosed with a mental illness and are under treatment for the mental illness, raise an amount of money itself to receive a matching grant, provide activities and services to members on a voluntary basis, be accredited, have its own distinct physical space, and allow members to have the opportunity to participate in the administration and other operational functions of the clubhouse. The bill increases the supplemental appropriation to the Joint Committee on Finance for the purposes of providing grants to clubhouses and specifies that the committee may make a supplement using its passive review process.

COMMUNITY CORNER CLUBHOUSE
Change to Hours of Operation Beginning February 1

Starting Feb 1, Clubhouse will be changing their hours of operations. Please inform clients and those who access Clubhouse of the change:

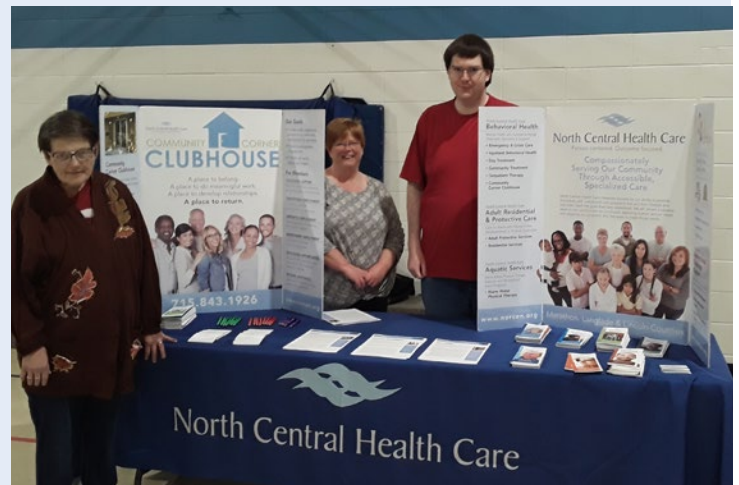
9:00 am – 5:00 pm • Monday – Friday
Tuesdays – Open Late until 6:00 pm

What is Clubhouse?

Clubhouse helps adults with persistent mental illness and AODA issues realize their potential by providing them with a Clubhouse where they can meet friends, build self-confidence, learn valuable life skills and discover untapped talents. Community Corner Clubhouse is an internationally-certified, psychosocial rehabilitation community that provides accessible, low-cost services in a supportive environment. Clubhouse membership is voluntary and without time limits. Clubhouse is located at 811 N. 3rd Avenue in Wausau. Visit our website at www.norcen.org/Clubhouse for a great walk-through video and more information!

Submit A Great Photo From Your Week!

Submit your photo and description to Email: jmeadows@norcen.org or Text: 715.370.1547. Please indicate Photo of the Week and include your name, who/what/where of the photo and why you are submitting.



PROJECT CONNECT
Hunger & Homelessness Coalition

The Housing and Homelessness Coalition, an initiative of United Way of Marathon County, held an event this week to help conduct a Point In Time Count during the overnight hours of Jan. 22. That's when teams of volunteers conducted a count of people experiencing homelessness. Data gathered helps provide a snapshot of homelessness in Marathon County and is used to evaluate housing and homeless assistance. NCHC and Community Corner Clubhouse was in attendance to share information and connect with the community and partners. Thank you to the Clubhouse Team and members that attended.



NATIONAL ALLIANCE ON MENTAL ILLNESS OPPORTUNITIES TO SHARE



What is the NAMI Family Support Group Program?

NAMI Family Support Group is a peer-led support group for family members, caregivers and loved ones of individuals living with mental illness. The hallmark of a NAMI support group is leveraging the collective knowledge and experience of the other participants. It can offer you practical advice on addressing issues related to mental illness and your loved one and gives you the appropriate space to have your personal needs met so that you can provide the best possible care for your family member. The NAMI Family Support Group is a 60-minute session, free of charge. Attendance is optional and confidential.

NAMI Northwoods offers its NAMI Family Support Group on the 4th Monday of the month from 6:30 to 7:30 at Marathon Public County Library – Wausau 2nd floor no registration is required.

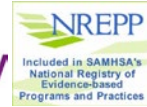


“Before coming to the support group, we had never spoken about mental illness to neighbors, friends and often not even to our relatives.”



Naminorthwoods.org
naminorthwoods@gmail.com
715-432-0180

NAMI Northwoods and dedicated volunteer members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones. Not affiliated with the Marathon County Library.



What is NAMI's Family-to-Family Education Program?

NAMI Family-to-Family is for families, caregivers and friends of individuals with mental illness. The course is designed to facilitate a better understanding of mental illness, increase coping skills, and empower participants to become advocates for their family members. The course consists of 8 two-and-a-half hour sessions. Trained family members teach the course who know what it is like to have a loved one living with mental illness. The Family-to-Family Program is offered at no cost to the participants.

NAMI Northwoods will offer its NAMI Family-to-Family Education Program beginning Tuesday Feb 25, 2020. The class will be held from 6:00 – 8:30 p.m. at Grace United Church, 535 S 3rd Ave. Wausau, WI Must make a commitment to attend most of the sessions.



“This course overall was the single most, without a doubt, helpful and informative thing ever offered in all my years searching for answers... It has helped me to understand better and communicate more effectively with my brother.”



Register online at Naminorthwoods.org
715-432-0180
naminorthwoods@gmail.com

About NAMI Affiliate
NAMI Northwoods and dedicated volunteers, members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.



What is the NAMI Peer-to-Peer Education Program?

NAMI Peer-to-Peer is an 8-session recovery-focused course for adults with mental health conditions.

- Free and confidential
- Held weekly for two hours
- Led by peers with mental health conditions
- A great resource for information on mental health and recovery
- Offers respect, understanding, encouragement and hope
- Builds on the strength and resilience of participants

NAMI Northwoods, the local organization of the National Alliance on Mental Illness, will offer NAMI Peer-to-Peer beginning Thursday, March 12th. It will be held from 6:00 p.m. - 8:00 p.m. at Grace United Church, 535 S 3rd Ave. Wausau



Participant Perspectives

“NAMI Peer-to-Peer is uplifting, life-saving and an eye-opening experience that changed how I see myself.”

“The biggest thing I gained from this class was to become my own advocate and best friend.”

“Seeing my peers’ strength and dedication to their recovery was personally meaningful.”

Register online @ naminorthwoods.org for NAMI Peer-to-Peer!



Register online
Naminorthwoods.org
715-432-0180
naminorthwoods@gmail.com

About NAMI
NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Northwoods is an affiliate of NAMI Wis. NAMI Northwoods and dedicated volunteer members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.

NAMI Northwoods PEER SUPPORT Mental Health A Place for People to Meet Who need Recovery Support

Share your story; learn from others

Discuss successes, strategies, challenges, and resources. This is a peer support group for anyone concerned about their own mental health.

Attendance is optional and confidential.

Registration not required

4th Wednesday of the Month

6:00 – 7:00 p.m.

Grace United Church
535 S 3rd Ave Wausau (back of church) take elevator to 1st floor

715-432-0180

Naminorthwoods@gmail.com
Naminorthwoods.org

PEER SUPPORT GROUP

❖ Peer Support Group

❖ NAMI Trained Peer Facilitators

❖ 4th Wed of the month
❖ 6-7p.m.

❖ Listen
❖ Support
❖ Validate



Northwoods





SAFETYZONE OUTAGE NOTICE

January 29 • 10:45 – Midnight

SafetyZone will be unavailable due to server maintenance on Wednesday, January 29, 2020 at 10:45 PM until 12 Midnight CST (11:45 PM until 1:00 AM EST). Please share with others in your program who may be affected during this time.

Please contact Lisa Murkowski if you have any questions. 715.848.4459 lmurkowski@norcen.org

WAUSAU CAMPUS COURIER SCHEDULE CHANGE NOTICE

January 29 • 10:45 – Midnight

The Antigo/Merrill/Tomahawk Courier run from the Wausau Campus will be moving from Fridays to Wednesdays beginning March 4. Any comments or concerns regarding the change can be directed to Jenny McKenzie @ jmckenzie@norcen.org or 715-841-5101.

WAUSAU CAMPUS FASHION BOUTIQUE CHANGES

Locked Door Access

Beginning Jan 20, 2020 the Fashion Boutique is open for use but it will be kept locked. Due to construction in the Evergreen Hallway the fire doors need to be kept closed. Anyone visiting the Fashion Boutique must be accompanied by a staff member. Staff members will need a key. Please make sure the fire doors are closed when you leave the area. If you have questions, please contact Volunteer Services at 715.848.4450.

MAIL FOR PINE CREST

Mail Room Mailbox Available

There is now a mailbox in the Wausau Campus Mailroom for correspondence to be taken to Pine Crest in Merrill. Transportation will be going to Pine Crest on Mondays, Tuesdays, Thursdays, and Fridays for now.



To Ashley Kalenske and Kaylee McColley



"We have two people down in our end of the building who should get some recognition!! One is Ashley Kalenske who does some really great work with the Developmental Disability population and also Kaylee McColley who was the event organizer for the Martin Luther King festivities in Wausau (People for the Power of Love). The BHS group, no matter how busy, still finds time to do things out in the community!"

- Submitted by Nancy Stencil, Crisis Services

Give someone a big shout out and thank them for their Person-Centered Service!

Send your SHOUT OUTS to recognition@norcen.org.

COMMUNITY TREATMENT/OUTPATIENT SPOTLIGHT AWARD

Congratulations Stephanie Jewell

Congratulations to Stephanie Jewel as the recipient of the November Community treatment Outpatient Services Spotlight Award. In September, Stephanie accepted the request to be featured in the Community Treatment Employment Specialist Realistic Job Preview, even though she had recently accepted the promotion to Lincoln/Langlade Team Lead position. This video was premiered in early November. As you watch the RJP, it is clear that Stephanie has 110% passion for supporting people reach their full potential regardless of challenges and barriers.

Stephanie portrayed the Employment Specialist position with total accuracy in focusing on the importance of consumer choice and empowerment, which Stephanie exhibits every day in ALL interactions. Her approach with all people; consumers, staff and community partners is always in a friendly, approachable manner complete without judgement. This also came across very clearly in the RJP.

In addition, Stephanie was willing to share very personal aspects of her life in the video, allowing her children and families business to be shared. Stephanie was able to show that you can find work life balance when you are doing something you are passionate about.

We realize that we are a little behind on the November and (upcoming) December announcement. Please bear with us as we get caught up from the whirlwind called the "Holidays"!





NCHC IN THE NEWS

Dr. Jon Snider Discusses Addiction

This week, WSAW reporter Emily Davies talked with Dr. Jon Snider about addiction and the challenges that inmates at the Marathon County jail face as they are released back to their community. Catch the full story online! Thank you to Dr. Snider for taking the time to discuss this important topic.

<http://bit.ly/AddictionMC>



Concert for Recovery Featuring: Bryce Luebke

Join us for a fun, family-friendly, sober concert. Our featured musician is Bryce Luebke. He will be performing acoustic/country covers and originals. Bryce is currently serving with Marshfield Clinic Health System AmeriCorps Recovery Corps.

All are welcome!

Date:
Saturday, January 25, 2020

Time:
7:00-8:00PM

Location:
Nicolet Theater
Lakeside Center
Nicolet College
5351 College Dr.
Rhinelander, WI

No ticket or RSVP required.



Proudly enriching the health of our communities through a partnership between Marshfield Clinic Health System and Serve Wisconsin - Wisconsin National and Community Service Board (WNCBSB).

Marshfield Clinic Health System

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FINAL PIZZA FOR THE POOL FUND RAISER!

376 Pizzas Sold! Thank You for Your Support!

Warm Water Works and Aquatic Services staff sold 376 pizzas to support pool patrons in the final Pizza for the Pool Fun Raiser. This week the team was busy assembling pizzas that will be ready for pick-up on January 29-30! Thank you for all your support.

Catch WSAW TV 7 coverage of the Pizza for the Pool Fund Raiser online!

<http://bit.ly/PizzaForThePool2020>





WELLNESS CORNER

Antimicrobial Stewardship for Everyone

Submitted by Lindi Jusufi, 4th Year Pharmacy Student, NCHC Pharmacy
University of Wisconsin – Madison School of Pharmacy

Antimicrobial stewardship in a nutshell means using the appropriate antibiotic, at the appropriate time, for the appropriate illness. Bacteria change over time, and when exposed to antibiotics have the ability to develop resistance to them. There simply aren't enough different kinds of antibiotics to fight the rate at which bacteria develop resistance. It can take decades to discover a new drug and get it approved through the FDA, while bacteria replicate and change their DNA every day. The more they are exposed to a particular antibiotic, the more chances they have to produce strains that can overcome them. That's why antimicrobial stewardship is prudent to decrease unnecessary use of antibiotics and ensure the drugs we have still work. As a patient, having knowledge about antimicrobials is helpful to be able to distinguish different types of infections and when to seek care.

Upper respiratory infections (above the voice box) including the common cold and flu are often mistaken for bacterial illnesses when they are actually caused by viruses. Viruses are not affected by antibiotics, so taking an antibiotic with a cold or flu will not improve symptoms. In addition to no benefit people are unnecessarily exposed to side effects from antibiotics. These include diarrhea, upset stomach, nausea, vomiting, allergic reactions (rash, hives, or anaphylaxis), and others. Symptoms of a cold include sore throat, runny nose/congestion, watery eyes, cough, and general malaise. Flus are similar to colds in symptoms but associated more with body aches, fatigue, and fever.

While a viral infection does not require antibiotics, a bacterial infection could develop on top of, or at the same time as a viral infection. Mild to moderate viral illnesses often resolve on their own in 7-14 days without a doctor's appointment, but a bacterial infection should be treated. Knowing the differences in signs and symptoms of viral from bacterial illnesses can help people determine the level of care they should seek. Common bacterial infections are listed below:

Urinary Tract Infection – painful urination, urinary frequency/urgency, bladder pain, flank pain

Pneumonia – lower respiratory tract symptoms (below the voice box) including shortness of breath, persistent dry cough, weakness, and fever

Ear infection – ear pain that is usually only one sided with new onset of fever

Sinusitis – discolored nasal discharge, facial pressure/pain lasting at least 10 days, or symptoms initially improving and then worsening in less than 10 days

Avoiding self-diagnosing and treating is another way to prevent the spread of antibiotic resistance. This includes using leftover or other peoples' antibiotics, as well as those brought to the United States from other countries. Efforts must be taken now to ensure the drugs we have keep working, since how we use antibiotics now will impact their efficacy of those that use them after us.



North Central Health Care Employee Health & Wellness Center

Great News!!

The onsite Health & Wellness Center continues to be available for your immediate health care needs and now, if preferred, you can also choose to designate your Onsite Care Provider as your Primary Care Provider to take care of all of your annual and ongoing health care needs.

Convenient Clinic Location

Services provided to you

- Primary Care Services
- Acute Care Services
- Medical Care Services
- Chronic Condition Support
- Physical Examinations
- Wellness Care
- Lab services available



EMPLOYEE HEALTH & WELLNESS CENTER

1100 Lakeview Drive, Wausau, WI
North Central Health Care Campus
Door 25

Schedule an Appointment:
715.843.1256 or MyAspirus.org

Clinic Hours

Monday - Wednesday - Friday: 8:00 am - 4:30 pm
Tuesday: 6:30 am - 3:00 pm
Thursday: 10:00 am - 6:30 pm





Avoid the \$4 Monthly FEE in your Associated Bank HSA Account! If you have not taken action yet, you have until February 1!

ASSOCIATED BANK HSA PLUS ACCOUNT HOLDER NOTICE

Associated Bank is Making Improvements

If you are an Associated Bank HSA Plus Account Holder, please read this important communication, and take action appropriately. This posting is being placed here, in case you miss the communications that are being sent to you directly by Associated. Associated Bank is making improvements to enhance your HSA account security and support their commitment to sustainability.

Account Statement Preferences

If you receive paper statements for your HSA Plus account, there will be a \$4 monthly statement fee starting February 1, 2020. This fee is waived for customers who are signed up for electronic statements and are not receiving paper statements.

Take Action to Avoid The Paper Account Statement Fee

For those who receive paper statements, to avoid this fee after February 1, 2020, changing to e-statements is free, and easy! To the right you'll find step-by-step instructions on how to change your statement preferences in the HSA Plus Consumer Portal. For assistance with changing your preferences, or with logging into the [Consumer Portal](#), you may also contact Customer Care at 800-270-7719, Monday-Friday 7 a.m. to 7 p.m., for assistance.

In addition to cost savings, with electronic statements, you enjoy:

- Peace of mind that paper statements (and account information) won't end up in the wrong hands.
- More timely information.
- No statements to shred or take up space in files.

Frequently Asked Questions

Question: How will Associated be communicating this change to HSA Plus account holders?

Answer: HSA Plus account holders will be notified of this change and encouraged to update their statement delivery preference if they do not already receive paperless statements. The November statement will include an updated HSA Plus Fee Schedule, and the following notice will appear on their November, December and January statements:

If you receive paper statements for your Associated Bank HSA Plus, there will be a \$4 monthly statement fee starting February 1, 2020. This fee is waived for customers who are signed up for electronic statements. To receive your statement electronically, log into the HSA Plus Consumer Portal at [Client.HSAPlus.AssociatedBank.com/Login](#) and go to 'Message Center > Update Notification Preferences' to select online statements. You may also contact Customer Care at 800-270-7719, Monday-Friday 7 a.m. to 7 p.m., for assistance.

Account holders who have an email address on file will also receive an email in December.

Question: If I choose to continue to receive paper statements, how will the fee be assessed?

Answer: Each month, the \$4 fee will automatically be withdrawn from your HSA Plus Account. If you have a zero balance in your account, the fee will not be assessed.

Question: Can our HR team make the change to e-statements on my behalf?

Answer: Unfortunately, no. Your HSA is an individually owned account, and as such, changing your statement preferences is an action that can only be made by your or with the assistance of HSA Plus Customer Care.

Question: What if I don't have access to a computer/internet to make the change to electronic statements?

Answer: Contact HSA Plus Customer Care, and they can make the updates to your account preferences on your behalf.

MAKE THE SWITCH TO E-STATEMENTS

Help secure your account information.

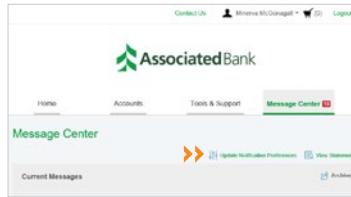
GET STARTED

Take advantage of going paperless today!

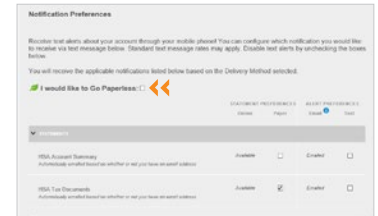
STEP 1: Log in to the HSA Plus portal, navigate to the Message Center.



STEP 2: Select the Update Notification preferences.



STEP 3: Select the option to Go Paperless, scroll to the bottom of the page and hit submit.



For questions about going paperless, contact HSA Plus Consumer Care at:

800-270-7719

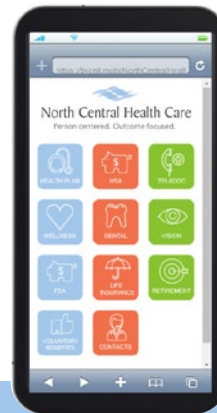
Email: HSAPlusConsumer@HealthAccountServices.com

Web: associatedbank.com/HSAPlus

If you do not have an online HSA account, please call Customer Care at 1-800-270-7719.

Benefits information when and where you need it!

With our new mobile benefits site, you have access to information you need when you need it—at the doctor's or dentist's office, at home with your spouse, or anytime you want to find information easily!



Through the mobile site you can access:

- A Benefits Overview
- Contact information for all carriers
- Medical information
- Dental information
- Life insurance overview
- Disability information
- Earned time/paid holidays information
- 401(k) plan details
- Employee Contributions

Text NCHC to 56512 to get access, and bookmark the site on your phone or tablet!



Jennifer Peaslee

Quality & Clinical Transformation Director
& Corporate Compliance Officer

Outstanding Leadership Award



North Central Health Care

Person centered. Outcome focused.

Employee Recognition Program

Outstanding Leadership Award

1st Quarter 2020

The Outstanding Leadership Award recognizes a director, manager or supervisor who inspires, influences and conducts themselves in a professional manner, acting as a role model for others to follow in the workplace and our community. Recipient selected by Executive Team and presented quarterly at the Management Meeting.

Congratulations to Jennifer Peaslee, Quality & Clinical Transformation Director and Corporate Compliance Officer. Jennifer was nominated for her ability as a leader to push others to always be better. Through her research, analysis, and follow-through, her loyal commitment to NCHC and her perseverance through situations influences others to keep trying. She handles each case with a mindset to improve our processes, collaboration of care and ultimately make patients' lives better.

Jennifer accepted her award at the January Management meeting on the Wausau Campus. Congratulations Jennifer!

Nominate an employee today for a Recognition Award.

Visit www.norcen.org/Recognition

FREE Live-streamed Event! Watch from the Wausau Campus event site in the Oak Room by the NCHC Theater!



children.wi.gov
Office of Children's
Mental Health

Vicarious Trauma | Secondary Trauma | Self Care

Monday, February 3, 2020 • 9 am – 12 pm

AGENDA

Panel Presentation/Discussion (originates in Madison and live-streamed to other locations)

Panel Q&A | Facilitated Local Discussions

NCHC EMPLOYEES REGISTRATION:

To Register for this event, please log into UltiPro and visit UltiPro Learning.

Staff must be logged into UltiPro Learning, then click on the link below to access and download the form.

<https://learning.ultipro.com/academies/library2.php?acadId=572293311&id=2859299>

NCHC staff should then submit the completed form to their supervisor for signature approval before submitting to Organizational Development for final approval and registration.

Non-NCHC Employees can register at www.children.wi.gov

Space is limited! Register today!



WHAT'S 4 LUNCH?

WAUSAU CAMPUS CAFETERIA

Cafeteria Hours: Open 7am – 5:30 pm

A Cashier is on duty from 9:00am – 10:00am , 10:30am – 1:30pm.
When a cashier is off duty, an honor system is used for food purchases.

Serving Soup, Salad and Lunch Entrée Option Monday – Friday.

All hot sandwiches, hot foods and cold bar items are \$.40/ounce.

Soup: \$1.50 Cup / \$2.25 Bowl



JANUARY 27 – 31, 2020

MON 1/27Beef Vegetable Soup

BBQ on a Bun

Roast Pork

Seasoned Spinach
Scalloped Potatoes
Tasty Tapioca

TUES 1/28.....Stuffer Green Pepper Soup

Chicken Supreme on a Kaiser

Pot Roast of Beef

Seasoned baby Carrots
Boiled Potatoes
Cheesecake

WEDS 1/29Chicken Vegetable Soup

Hot Turkey on Croissant/Hollandaise

Honey Stung Chicken

Scalloped Potatoes
Pudding Fruit Salad

THUR 1/30.....Taco Soup

Pork BBQ on a Bun

Pork Carnita

Pico De Gallo
Spanish Rice
Peanut Butter Bar

FRI 1/31.....Cheese Soup

Tuna Melt

Pepper Steak with Gravy

Creamed Corn
Parslied Egg Noodles
Fruit Cobbler

WERE YOU UNABLE TO ATTEND 2020 1ST QUARTER EMPLOYEE UPDATES?

The Video Recording is Now Available Online

We want all employees to be able to attend the Employee Updates Sessions to connect with leaders, ask questions, and meet with team members you may not regularly have the opportunity to. However, we do know that there are instances in which you are just not able to make it or wish to view the presentation over again.



You can now view the 2020 1st Quarter Updates from January in full format by visiting the NCHC Website For Employees page!

www.norcen.org/ForEmployees



Marathon County
Employees Credit Union

We Are Excited to Announce Remote Deposit Capture (RDC) is Now Available at MCECU!

Register through the "Remote Deposit" tab in your mobile app today!

- Once registered, you will get an approval email
- Sign your check and add "For RDC Deposit Only to MCECU"
- Then simply snap a picture of the front and back of your check
- Click Next
- In most cases, check will be deposited into your account on the same business day
(submission deadline 3pm during normal business hours)

Questions? Give us a call!

We are a full-service credit union that offers products and services to meet all your financial needs.

Not a member? Join today!

Proudly Serving NCHC Employees and Your Families.

www.mcecu.org • cuteller@co.marathon.wi.us

715 261-7685

400 East Thomas Street • Wausau, WI 54403

FOOD SERVICES NOTICE:

NCHC CAFETERIA FOOD PRICE CHANGE

Hot Sandwich, Hot Foods and Cold Bar Price Increase

NCHC Food Services is announcing a price change to food offered in the Wausau Campus cafeteria. Prices have not changed in the last 6+ years, however the prices of food from vendor steadily increases each year. All hot sandwiches, hot foods and cold bar items will increase from \$.35/ounce to \$.40/ounce. Soup prices will remain at the current rate of \$1.50/Cup and \$2.25/Bowl.

DIETARY OFFICE CHANGES

Dietary and Kitchen Office Staff Switch Locations

The Dietary Office on the Wausau Campus has switched location with the Kitchen Office. All phone numbers have stayed the same. Come visit us and check out the new offices!